



---

**CRITERIA FOR SACK LUNCHES FOR  
CHILD CARE LEARNING CENTERS &  
FAMILY CHILD CARE LEARNING HOMES**

1. All nutritional requirements for meals and snacks listed in the Rules and Regulations must be met.
  - Child Care Learning Centers (CCLC) rule 591-1-1-.15(1).
  - Family Child Care Learning Homes (FCCLH) rule 290-2-3-.10(1).
2. The child care program shall have a written agreement with the parent(s) as to the parent's responsibility to provide the child a nutritious sack lunch.
3. The child care program shall provide all parents with written nutritional information concerning the contents of sack lunches.
4. Food brought into the child care program shall be evaluated each day. If the child's sack lunch does not meet the nutritional requirements stated in the rules, the child care program must provide the child with the additional food necessary to meet the requirements.
5. Individual sack lunches shall be labeled with the children's names. Children should be monitored to ensure that there is no swapping of home-prepared food.
6. The child care program shall provide proper storage and refrigeration for sack lunches; all perishable and potentially hazardous foods shall be refrigerated at a temperature of 40 degrees Fahrenheit or below as stated in rules.
  - CCLC rule 591-1-1-.18(5).
  - FCCLH rule 290-2-3-.10(13).

“Potentially hazardous foods” means any perishable food consisting of milk or milk products, eggs, meat, poultry, fish, shellfish, or other ingredients that can support rapid and progressive growth of harmful organisms. Refrigeration slows bacterial growth.
7. All food preparation in the child care program must meet the requirements stated in the following chapters.
  - CCLC chapter 591-1-1-.18.
  - FCCLH chapter 290-2-3-.10.
8. Each child shall be served at least 4 ounces of milk each day, if not contraindicated by a special diet as stated in rules.
  - CCLC rule 591-1-1-.15(1).
  - FCCLH rule 290-2-3-.10(1).